



## Breakfast Choices

Available every day, breakfast includes:

- Choice of breakfast entrée
- Fruit
- 100% Fruit Juice
- Milk choices

### Additional Entrée Options:

- Smucker's Uncrustable (Daily)
- Dutch waffle (M-W-F)
- Iced Long John (T-Th)



## Fruit and Juice Available Every Day

Start your day off right

## Breakfast is Good for Everyone!

Start your day the healthy way! Whole grains and protein get you going and help you do well in class.

**Come join us!!**



## Breakfast Meal Prices & Extras

Student Breakfast	\$1.55
Adult Breakfast	\$2.25
Extra Breakfast Entrée	\$1.25
Extra Cereal	\$0.85
Extra Juice	\$0.55
Extra Milk	\$0.35

Mon	Tue	Wed	Thu	Fri
1 A. Mini French Toast Sticks B. Cereal Choices and Toast  Juice Choices Pineapple	2 A. Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Applesauce	3 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast  Juice Choices Fresh Orange	4 A. Breakfast Sliders B. Cereal Choices and Toast  Juice Choices Mixed Fruit	5 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Sliced Pears
8 A. Pancake Sausage Stick B. Cereal Choices and Toast  Juice Choices Mixed Fruit	9 A. Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Pineapple	10 A. Apple Strudel B. Cereal Choices and Toast  Juice Choices Apple Wedges	11 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast  Juice Choices Applesauce	12 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Sliced Peaches
15 A. Ultimate Breakfast Round B. Cereal Choices and Toast  Juice Choices Apple Wedges	16 A. Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Pineapple	17 A. Yogurt with Grahams B. Cereal Choices and Toast  Juice Choices Mixed Fruit	18 A. Sausage Biscuit B. Cereal Choices and Toast  Juice Choices Sliced Pears	19 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Applesauce
22	23	24	25	26
29	30	31		

**Questions or comments** - Contact Christina Crow, Food Service Director, at 507-360-2715 or christina@lunchtimesolutions.com

Applications for Free and Reduced price meal are available in all building offices.

*This institution is an equal opportunity provider and employer.*